



CARE 4 U
COMMUNITY HEALTH CENTER
"Because We Care!"

Effective 03/09/2020 Care 4 U Community Health Center (C4UCHC) has enforced a few new policies in order to reduce the risk of spreading COVID-19. Failure to comply with any of the following policies will result in removal from the property. We appreciate your cooperation during this time and are doing everything in our power to ensure that we keep the safety of the community as our top priority.

New Policies

1. C4UCHC has reduced the number of appointments scheduled per day to ensure social distancing is maintained within the healthcare setting. Therefore, there may be a waiting period to schedule an appointment. Priority will be given to existing patients who require follow up appointments to refill their medications as a part of continuum of care. Telehealth appointments are also available.
2. Everyone entering the clinic must 1st have their temperature taken and utilize the hand sanitizer at a sanitizing station located at the health center entrance.
3. All staff, patients and visitors are required to wear a mask at all times while on site.
4. Non-patients with a temperature of 100.4 or higher will not be allowed in the building, and encouraged to seek testing for COVID-19 (Testing is available at C4UCHC).
5. Visitors accompanying patients will not be allowed in the facility, with the exception of a parent/guardian accompanying patients who are minors or have cognitive disabilities.
6. We have limited the number of patients allowed in the waiting room to ensure they maintain at least 6 feet of space between themselves in accordance with the CDC's recommendations for social distancing.
7. Our lobby is currently limited to no more than 4 people at a time.
8. These guidelines are subject to change, based on recommendation of the CDC and local health department.

You can help stop COVID-19 by knowing the signs and symptoms – fever, cough, and shortness of breath. Seek medical advice if you develop any of these symptoms. Also, to keep yourself and your family healthy:

- Wash your hands with soap and water for at least 20 seconds.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Cover your cough or sneeze with a tissue & properly dispose of tissue.
- Routinely disinfect frequently touched surfaces (i.e. doorknobs, light switches, toilets, etc.).
- Stay home when you are sick.